



# Wallington High School *For Girls*

HEIRS OF THE PAST, MAKERS OF THE FUTURE

## THE WALLINGTON WEEK

### MESSAGE FROM THE HEAD TEACHER

Dear all,

Welcome to the Wally Week.

On Wednesday we welcomed our new Year 7 intake as they came into school for their Induction Day and their first taste of being 'Wally Girls'. They had the chance to meet their form tutors and make new friends as well as taking part in a variety of activities during the day. We also had the chance to meet with their parents in the afternoon and take them through some of the key routines and procedures for next year. Many of our new students and parents then came along to the PFA's New Year 7 Barbeque on Saturday to enjoy burgers and meet up with other new parents.

Our assemblies this week have been led by some of our Year 10 students, looking at the humanitarian situation in the Palestinian and Israeli territories. In particular, they focused on the impact of this on the lives of children and young adults. Alongside this, they ran and organised a shoe box collection as part of a project called #Give-back. This aims to provide for disadvantaged children in poverty or in countries which have been affected by conflict. Students were asked to bring in shoeboxes filled with small gifts, hygiene items and so on. They had a fantastic response and over two hundred and fifty shoe boxes were given in last Friday. These will now be delivered to the charity for distribution.

We also held a non-uniform day on Friday in aid of raising money to sponsor orphans through the charity Orphans in Need. We do not yet know the final sum donated but I have no doubt that it will be an impressive amount.

Both students and staff have spent the week taking part in our annual 'Race for Life' with some impressive performances in terms of number of laps of the field. We

will publish the figure for the final amount raised once all of the contributions have been counted. Finally, to all of our families celebrating Eid over the weekend, Eid Mubarak.

Have a great week.

MR R BOOTH  
HEAD TEACHER



## RAF/CCF SUCCESS

Flying is a opportunity for a unique experience that a group of us got to enjoy on Thursday the 23rd of June in an RAF base. We, Tanesha Prasad and Eleanor Cavey, as well as our friends were able to go to RAF Benson, a flight training base, to obtain first-hand understanding of how to control and manoeuvre a powered aircraft. We were able to do this due to the encouragement and various prospects for aviation available in the Combined Cadet force. Within the CCF, the Royal Air Force section had put in a bid a few weeks ago for open slots in flying and gliding which were successful, letting cadets like us to have an exciting view of the world as we controlled the plane.

As preparation for flight control, we began by watching a short brief on safety and security within the aircraft, followed by emergency practices and exercises. Parachutes and emergency procedures - such as jumping out of a simulator - had all been tried and tested by us before boarding in addition to insights to tips and tricks of the inner-workings of the plane that had been explained to equip us for flight. After putting on our helmets and flight suits, we headed out onto the runway for the memory of a lifetime. We met the trainer pilots who would be guiding us and finally sat in the cockpit.

Here the breath-taking experience began. With our hands on the control wheel, we did a series of loops, barrel and tricks alongside the cobra manoeuvre where we had to be almost vertical before dipping down again. Flying in a Tutor F1, we could see the world like never before and glide about freely before coming back down. Each of us had half an hour in the sky, however we all agreed it felt like hours of glory and yet couldn't wait to have another opportunity like that again. Overall, it was one of the best days of our lives and an amazing adventure.





## RACE FOR LIFE

It was great to students and staff out this week taking part in our annual Race for Life.

Students can still bring in their £'s to the PE office or anyone can donate to our Just Giving Page:

<https://fundraise.cancerresearchuk.org/page/wallington-high-school-for-girls-3>





## SKY TRIP

On the 1st of July, year 10 Computer Science students had the opportunity to visit one of the Sky offices in London. Here an account of the day by Amanda Obi:

The visit to Sky was an amazing experience as it was an opportunity to gain an insight into industry. First, we did team building exercises like making towers from marshmallows and spaghetti. This was a good opportunity to learn about working as a team to make creative solutions to problems.

This was followed by a quiz on Python code which was actually good fun as we were in competition with each other. Then we had the chance to speak to apprentices and this was a great opportunity to hear from successful women in the industry who did not take the traditional route of going to university then finding a job. It really showed me that there is a vast ocean of options and opportunities after school.

We then learnt about how our phones connected to the internet and were able to make calls by one of the main System Architects. I learnt a lot from this and understood the relevance of the green boxes that are often located near the phone masts.

We also got to look around their data centre which was really fun as it's so much better to see it first hand and understand how everything around us is connected.

Aside from the technology, I believe that most of us would agree that the hot chocolate and lunch was the highlight of the day due to all the pizza we ate.

In conclusion, the trip to Sky was incredible.





# Roman Beddington : Journey to the Afterlife

## Saturday 16 & 23 July 2022

Come explore the Roman Past of St Mary's Church & Beddington Park as part of the #FestivalofArchaeology2022

See the Roman coffin discovered in the 19th century.  
Includes activities for children and young people.

**Dates: Saturday 16 & 23 July 2022**



**14.00 – 15.30: Youth Activities at St Mary's Church:**  
Create a sand and shell mould and mosaic coaster to take home!

*Hands-on activities for ages 5 - 16 inspired by Roman casting and art techniques.  
Free drop-in session. No booking. Children must be accompanied at all times*

**14.30 - 15.00: Roman Talk with Local Historian John Phillips**

*Open to all. Free entry. Book via Eventbrite:  
<https://www.eventbrite.com/e/338113796467>*

For more information contact us at:  
[heritage@stmarysbeddington.org.uk](mailto:heritage@stmarysbeddington.org.uk) / 07555144068

<https://www.archaeologyuk.org/festival.html>

Check out our social media updates by searching **MarysBeddington**



# THE WALLINGTON WEEK

## CANTEEN ROTA 1, 2

### WEEK 1

21 FEB, 14 MAR, 4 APR, 25 APR, 16 MAY, 6 JUN, 27 JUN, 18 JUL

MEAT/ FISH					
	American Cheeseburger with Burger Sauce & Potato Wedges	Chicken Korma Curry served with Rice & Naan Bread or Poppadum	Roast of the Day served with Potatoes & Seasonal vegetables	Beef Gougeon Pie served with Seasonal Vegetables	Jacketed Fish served with Chips and Peas or Baked Beans
VEGGIE					
	Warm Potato & BBQ Jackfruit Burger served with Potatoes Wedges	Carilicious & Chickpea Curry served with Rice & Naan Bread or Poppadum	Traditional Pasta served with Mashed Potatoes & Seasonal vegetables	Cherry Tomato Pie served with Seasonal Vegetables	Vegetarian Spring Roll with Chips & Peas or Baked Beans
DESSERT	Cherry Cheesecake	Cherry Cheesecake	Apple Crumble	Cherry Cake	Cherry Cheesecake

### WEEK 2

28 FEB, 21 MAR, 11 APR, 2 MAY, 23 MAY, 13 JUN, 4 JUL, 25 JUL

MEAT/ FISH					
	Traditional Baked Sausages served with Mash Potatoes & Peas	Spicy Chicken Curry served with Rice and Naan Bread or Poppadum	Roast of the Day served with Potatoes & Seasonal vegetables	Chicken & Sweetcorn Pie served with Seasonal Vegetables	Jacketed fish served with Chips and Peas or Baked Beans
VEGGIE					
	Baked Quorn Sausages served with Mash Potatoes & Peas	Sweet Potato & Coconut Curry served with Rice and Naan Bread or Poppadum	Jambalaya Stuffed Pepper served with Mushrooms & Seasonal vegetables	BBQ Baked Bean & Veggie Sausage Pie served with Seasonal Vegetables	Home made Baked Beans served with Chips and Peas or Baked Beans
DESSERT	Rice Pudding & Jam	Marble Cake	Banana Loaf	Golden Syrup & Apple Sponge	Bread & butter pudding



## CANTEEN ROTA 3



### WEEK 3

7 MAR, 26 MAR, 16 APR, 9 MAY, 30 MAY, 20 JUN, 11 JUL

#### MEAT/ FISH



Beef chilli & rice served with tortilla chips with coriander salsa



Breaded Chicken fillets, served with Coriander Rice & Cucumber Salad



Beef of the Day served with Roasties & Seasonal Vegetables



Beef Burgers served with Lettuce, Cheese & Chilli Sauce



Battered fish served with Chips and Parsi or Raita Sauce

#### VEGGIE



Beef, Chili & Rice served with tortilla chips with assorted dips



Veggie Thai Green Curry served with Coriander Rice & Cucumber Salad



Beef of the Day served with Wellington Roasties & Seasonal Vegetables



Veggie Burger served with Lettuce, Cheese & Chilli Sauce



Beef, Chili & Rice served with Chips & Parsi or Raita Sauce

#### DESSERT

Apple Crumble

Chocolate Orange sponge

Pineapple Upside Down

Silly Toffee Fudging

Warna Loaf





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