

Tomorrow is a New Day



Today's Date: _____



3 things that went well today:



1. _____
2. _____
3. _____

3 most important things I want to accomplish tomorrow:



1. _____
2. _____
3. _____

3 things I LOVE about my life in this moment:



1. _____
2. _____
3. _____



Tommorow I will prioritize JOY. These are things I will do to take of myself:

1. _____
2. _____
3. _____