

TRANSITIONING BACK TO SCHOOL AFTER LOCKDOWN: MANAGING CHILDREN'S WORRIES

Online Parent Workshop

**Are you struggling with ways to manage your child's worries
about returning to school?**

**Have they just returned to school and are finding it
difficult?**

**Would you like some tips and strategies to help you
support your child?**

IF YES, PLEASE JOIN US!

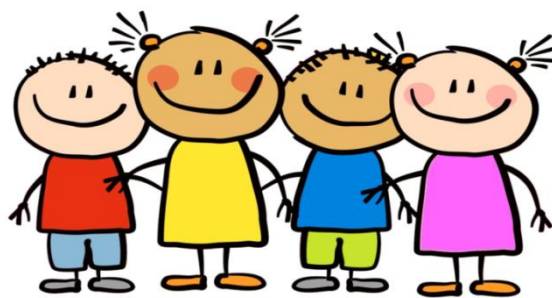
Tuesday 4th August 10.00am

Thursday 13th August 6pm

Tuesday 18th August 11am

Thursday 27th August 6pm

**Email SuttonCWP@swlstg.nhs.uk for a link to
the workshop**



Sutton Children's Wellbeing Service

CAMHS

Child and Adolescent
Mental Health Services

NHS
South West London and
St George's Mental Health
NHS Trust